

# Fort Myers Beach Parks and Recreation Program Schedule

<u>Day</u>	<u>Class/Activity</u>	<u>Time</u>	<u>Location</u>
<b>Sunday</b>	Senior Swim	10:00am-12:00pm	Pool
<b>Monday</b>	Senior Tennis	7:30am-12:00pm	North Tennis Courts
	Aerobics *	8:30am-9:30am	Gym
	Water Aerobics	9:00am-10:00am	Pool
	Pickleball	10:00am-1:00pm	Gym
	Activities Day*	12:00pm-4:00pm	Senior Room
	Bridge	12:30pm-3:30pm	Chapel by the Sea
	Club Rec	2:00pm-6:00pm	Gym
	Open Basketball	6:00pm-9:00pm	Gym
<b>Tuesday</b>	Senior Tennis	7:30am-12:00pm	North Tennis Courts
	Abs Toner*	8:00am-8:30am	Senior Room
	Yoga*	9:00am-10:00am	Senior Room
	Body Sculpt*	9:00am-10:00am	Gym
	Senior Softball*	10:00am-12:00pm	Big Field
	Bocce Ball*	10:00am-12:00pm	Small Field
	Toddler Tuesdays	10:00am-11:00am	Gym
	Beginners Pickleball*	11:00am-12:00pm	Gym
	Club Rec	2:00pm-6:00pm	Gym
	Duplicate Bridge	6:00pm-9:00pm	Senior Room
	Open Adult Hockey	6:00pm-8:30pm	Outdoor Court
	Open Volleyball	6:00pm-9:00pm	Gym
<b>Wednesday</b>	Senior Tennis	7:30am-12:00pm	North Tennis Courts
	Spin Fitness	8:00am-9:00am	Senior Room
	Aerobics*	8:30am-9:30am	Gym
	Water Aerobics	9:00am-10:00am	Pool
	Senior Fitness	10:00am-11:00am	Senior Room
	Pickleball	10:00am-1:00pm	Gym
	Club Rec	2:00pm-6:00pm	Gym

<b>Thursday</b>	Senior Tennis	7:30am-12:00pm	North Tennis Courts
	Abs Toner*	8:00am-8:30am	Senior Room
	Yoga*	9:00am-10:00am	Senior Room
	Body Sculpt*	9:00am-10:00am	Gym
	Bridge	12:30pm-3:30pm	Chapel by the Sea
	Club Rec	2:00pm-6:00pm	Gym
	Open Basketball	6:00pm-9:00pm	Gym
<b>Friday</b>	Farmers Market*	7:30am-11:30am	Pool Parking lot
	Senior Tennis	7:30am-12:00pm	North Tennis Courts
	Spin Fitness	8:00am-9:00am	Senior Room
	Aerobics*	8:30am-9:30am	Gym
	Water Aerobics	9:00am-10:00am	Pool
	Senior Fitness*	10:00am-11:00am	Senior Room
	Pickleball	10:00am-1:00pm	Gym
	Mahjong*	1:00pm-4:00pm	Senior Room
	Club Rec	2:00pm-6:00pm	Gym
	Youth Swim Club	2:30pm-3:30pm	Pool
	Open Basketball	6:00pm-9:00pm	Gym
	Teen Night	9:00pm-11:00pm	BORC
<b>Saturday</b>	Senior Tennis	7:30am-12:00pm	North Tennis Courts
	Aqua Jogging	9:00am-10:00am	Pool
	Teen Swim Club	10:00am-11:00am	Pool
	Open Basketball	10:00am-9:00pm	Gym
	Teen Night	9:00pm-11:00pm	BORC

**Key:** \* A seasonal program offered for 7 months or less

- Youth Program
- Teen Program
- Aquatic Program
- Senior Program
- Athletic/Fitness Program
- Events Program

# **Fort Myers Beach Parks and Recreation Facility Schedule**