

Bay Oaks Recreation Center

YOGA

Tuesday & Thursday 9:00am

Come experience the relaxation and fitness benefits of Yoga at Bay Oaks. No experience necessary. Learn the postures and techniques in a fun and friendly environment. Mats and hand weights are provided if needed.

Fee: Single Class- \$10/Members, \$12/Non-Members

10 Class Punch Card- \$90/Members, \$110/Non-Members



Bay Oaks Recreation Center

2731 Oak St.

Fort Myers Beach, Florida, 33931

Phone: (239) 765-4222,

www.bayoaksrec.org

Facebook: Bay Oaks Recreational Campus

Instagram: @bayoaksrec

